



Winter Menu Week 2

February 26-March 4, 2023

Sunday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Waffle

Lunch

Roast Pork w/ Mustard
Sauce
Butterfly Shrimp
Bread Dressing
Cauliflower & Cheese
Roasted Brussels
Sprouts
Dinner Roll
Cranberry Sauce
Cherry Pie
Pecan Pie

Supper

Crn of Tomato Soup
Panko Crusted Tilapia
Wild Rice
Creamed Peas
Applesauce Gelatin
Coleslaw
Rice Krispie Squares

Monday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs

Lunch

Italian Baked Chicken
Breast
BBQ Meatballs
Sweet Potatoes
Roasted Broccoli
Garlic Toast
Tropical Fruit Salad
Spinach Salad
Snickerdoodle Cookie

Supper

Pepper Steak
Baked Potato
Sautéed Peppers &
Onions
Strawberries
Banana Pudding Par-
fait

Tuesday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Cinnamon Roll

Lunch

Beef Burgundy
Ham Slice
Garlic Mashed Potatoes
Carrots
Corn Bread
Peaches
Marinated Cucumbers
Cinnamon maple Ap-
ple Cake

Supper

Taco Salad
Mexican Brown Rice
Mango
M&M Cookie

Wednesday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Pancake

Lunch

Salisbury Steak w/
Gravy
Smoked Pork Chop
Oven Brownd Potatoes
Wax Beans
Peas
Dinner Roll
Fruit Cocktail
Hot Fudge Cake

Supper

Ham & Bean Soup
Chicken Cordon Bleu
Swiss Medley Casse-
role
Sliced Pears
Lemon Cake

Thursday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Muffin

Lunch

Ham Loaf
Spaghetti w/ meat
Sauce
Scalloped Potatoes
Beets
Lima Beans
Garlic Toast
Pineapple
Cherry Crisp

Supper

Coney Dog
Baked Beans
Three Berry Blend
Potato Salad
Butterscotch Square

Friday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Donut

Lunch

Ground Beef Stroga-
noff
Beer Battered Tilapia
Buttered Noodles
Asparagus
Dinner Roll
Coleslaw
Mandarin Oranges
Carrot Cake

Supper

Cream of Broccoli
Soup
BBQ Pork Sandwich
Cinnamon Maple
Squash
Citrus Fruit Salad
Peanut Butter Cookie

Saturday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Cheese Omelet

Lunch

Chicken Breast with
White Sauce
Beef Pot Roast
AuGratin Potatoes
Broccoli & Cauliflower
Carrots
Dinner Roll
Cinnamon Applesauce
Heath Bar

Supper

Smoked Sausage
Oven Roasted Pota-
toes
Green Beans
Sauerkraut
Apricots
Brownie



Winter Menu Week 3

March 5-11, 2023

Sunday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Egg, Bacon, & Cheddar Scramble

Lunch

Pork Cutlet w/ Gravy
Beef & Noodles
Mashed Potatoes
Creamed Corn
Dinner Roll
Fruit Cocktail
Broccoli Raisin Salad
Peach Pie
Pumpkin Pie

Supper

Tomato Basil Soup
Cheese Pizza
California Blend Vegetables
Banana
Oatmeal Raisin Cookie

Monday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
French Toast

Lunch

BBQ Chicken Breast
Fried Fish
Baked Beans
Stewed Tomatoes
Dinner Roll
Citrus Fruit Salad
Coleslaw
Frosted Banana Cake

Supper

Lasagna
Garlic Bread Knot
Italian Green Beans
Fruited Gelatin
Chocolate Chunk
Cookie

Tuesday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Muffin

Lunch

Country Fried Steak
Dill Glazed Salmon
Baked Potato
Corn Casserole
Wax Beans
Garlic Toast
Cottage Cheese & Peaches
Blueberry Cobbler

Supper

Chicken Strips
Macaroni & Cheese
Capri Vegetable Blend
Pineapple
Texas Sheet Cake

Wednesday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Creamed Chipped Beef on Toast

Lunch

Herbed Pork Loin
Chicken Fajitas
White Rice
Green Bean Casserole
Peas
Dinner Roll
Apricots
Coconut Cake

Supper

Chicken Noodle Soup
Hamburger
Broccoli & Cheese
Melon
Angel Food Cake

Thursday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs

Lunch

Breaded Pork Chops
Pepper Steak
Sweet Potatoes
California Blend Vegetables
Dinner Roll
Tropical Fruit Salad
Spinach Salad
Mint Chocolate
Brownie

Supper

French Onion Soup
Ham Steak
Mixed Vegetables
Grapes
Dinner Roll
Pumpkin Cake

Friday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Donut

Lunch

Beef Burgundy
Panko Crusted Tilapia
AuGratin Potatoes
Roasted Butternut Squash
Dinner Roll
Cinnamon Pears
Three Bean Salad
Tapioca Pudding

Supper

Brie & Apple Stuffed Chicken
Oven Roasted Potatoes
Carrots
Peaches
Pudding & Cookie Parfait

Saturday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Waffle

Lunch

Chicken Marsala
BBQ Ribs
Fettuccine Pasta
Parslied Cauliflower
Peas & Pearl Onions
Garlic Toast
Mandarin Oranges
Strawberry Chocolate
Truffle Cake

Supper

Beef Brisket Sandwich
Prince Charles Veggie Blend
Fruit for Salad
Cheesecake



Winter Menu Week 4

March 12-18, 2023

Sunday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Muffin

Lunch

Meat Loaf
Turkey Pot Roast
Mashed Potatoes
Green Beans & Mush-
rooms
Dinner Roll
Cranberry Gelatin
Vinegar Coleslaw
Sugar Cream Pie
Fruit of the Forest Pie

Supper

Chili Soup
Chicken Tenders
Baked Beans
Pasta Salad
Apple Dumping

Monday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Egg, Bacon, & Ched-
dar Scramble

Lunch

Italian Baked Chicken
Breast
Applewood Salmon
Rice Pilaf
Carrots
Brussels Sprouts
Dinner Roll
Tropical Fruit Salad
Vanilla Pudding Cake

Supper

Beef Stew
Biscuit
Broccoli & Cauliflower
Strawberries
Peanut Butter Sheet
Cake

Tuesday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Muffin

Lunch

Wisconsin Cheese
Soup
Smoked Sausage
Hot German Potato
Salad
Prince Charles Veggie
Blend
Biscuit
Peaches
Cinnamon Streusel
Coffee Cake

Supper

Chicken & Rice Soup
Sloppy Joe
California Blend Vege-
tables
Mango
Chocolate Chip Cookie

Wednesday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
French Toast

Lunch

Salisbury Steak w/
Gravy
Breaded Pork Chops
Scalloped Potatoes
Cinnamon Maple
Squash
Peas
Fruit Cocktail
Dinner Roll
Blueberry Crisp

Supper

Vegetable Soup
Grilled Chicken Parme-
san
Roasted Cauliflower
Pears
Pineapple Upside
Down Cake

Thursday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Cheesy Scrambled Egg

Lunch

Grilled Sweet & Sour
Beef
Chicken Cordon Bleu
White Rice
Whole Green Beans
Pineapple Chunks
Pickled Beets & Egg
Dinner Roll
Turtle Square

Supper

Butternut Squash
Bisque
Baked French Toast
Bacon
Apricots
White Chocolate Mac-
adamia Nut Cookie

Friday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Donut

Lunch

Baked Ham w/ Raisin
Sauce
Baked Cod
AuGratin Potatoes
Carrots
Peas
Mandarin Oranges
Dinner Roll
Red Velvet Cake

Supper

BBQ Chicken Breast
Zucchini Casserole
Citrus Fruit Salad
Chocolate Mint Cake

Saturday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs

Lunch

Ham & Beans
Beef Brisket
Ranch Mashed Pota-
toes
Wax Beans
Wilted Lettuce w/ Hot
Bacon Dressing
Fruit Cocktail
Corn Bread
Angel Food Cake

Supper

Ravioli w/ Meat Sauce
Broccoli
Breadstick
Blueberries
Applesauce Cake



Winter Menu Week 1

March 19-25, 2023

Sunday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Muffin

Lunch

Roast Beef
Cornish Game Hen
Hashbrown Casserole
Carrots
Sugar Snap Peas
Dinner Roll
Fruit Cocktail
Apple Pie
Lemon Meringue Pie

Supper

Tomato Basil Soup
Hot Ham & Cheese
Sandwich
Parslied Cauliflower
Applesauce
Sugar Cookie

Monday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
French Toast

Lunch

Goulash
Smoked Sausage
Green Beans
Sauerkraut
Garlic Toast
Citrus Fruit Salad
Chocolate Chunk
Cookie

Supper

Minestrone Soup
Chicken Pot Pie
Biscuit
Broccoli & Cauliflower
Pineapple Chunks
Peanut Butter Brownies

Tuesday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs

Lunch

Stuffed Pepper Soup
Parmesan Encrusted
Tilapia
Oven Browned Potatoes
Capri Vegetable Blend
Dinner Roll
Peaches
Tossed Salad
Lemon Cupcakes

Supper

Fiesta Grilled Chicken
Mexican Cornbread
Sautéed Peppers &
Onions
Fruited Gelatin
Dirt Pudding

Wednesday

Breakfast

Oatmeal
Cold Cereal
Egg, Bacon, & Cheddar Scramble

Lunch

Roasted Pork Tenderloin
Beef Pot Pie
Macaroni & Cheese
Prince Charles Veggie Blend
Dinner Roll
Apricots
Pumpkin Cheesecake
Crumble Bar

Supper

Vegetable Beef Soup
Pepperoni Pizza
Breadstick
Tossed Salad
Melon
White Frosted Cake

Thursday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Biscuits & Gravy

Lunch

Chicken Strips
Sweet & Sour Pork
Mashed Potatoes
Broccoli
Fried Cabbage
Dinner Roll
Tropical Fruit Salad
Peach Crisp

Supper

Hamburger
Wax Beans
Grapes
Angel Food Cake

Friday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Donut

Lunch

Swedish Meatballs
Salmon Patty
Parslied Noodles
Stewed Tomatoes
Peas & Carrots
Dinner Roll
Pears
Toffee Pecan Bar

Supper

Cream of Potato Soup
Ham Steak
Honey Glazed Carrots
Peaches
Oatmeal Cranberry
Walnut Cookie

Saturday

Breakfast

Oatmeal
Cold Cereal
Cheesy Scrambled Egg

Lunch

Braised Boneless
Short Ribs
Fried Fish
Baked Potato
California Vegetable Blend
Corn
Dinner Roll
Mandarin Oranges
Snickerdoodle Cookie

Supper

Chicken & Noodles
Mashed Potatoes
Green Beans
Fruit for Salad
Chocolate Chip Cookie
Bar



Winter Menu Week 2

March 26-April 1, 2023

Sunday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Waffle

Lunch

Roast Pork w/ Mustard
Sauce
Butterfly Shrimp
Bread Dressing
Cauliflower & Cheese
Roasted Brussels
Sprouts
Dinner Roll
Cranberry Sauce
Cherry Pie
Pecan Pie

Supper

Crm of Tomato Soup
Panko Crusted Tilapia
Wild Rice
Creamed Peas
Applesauce Gelatin
Coleslaw
Rice Krispie Squares

Monday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs

Lunch

Italian Baked Chicken
Breast
BBQ Meatballs
Sweet Potatoes
Roasted Broccoli
Garlic Toast
Tropical Fruit Salad
Spinach Salad
Snickerdoodle Cookie

Supper

Pepper Steak
Baked Potato
Sautéed Peppers &
Onions
Strawberries
Banana Pudding Par-
fait

Tuesday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Cinnamon Roll

Lunch

Beef Burgundy
Ham Slice
Garlic Mashed Pota-
toes
Carrots
Corn Bread
Peaches
Marinated Cucumbers
Cinnamon maple Ap-
ple Cake

Supper

Taco Salad
Mexican Brown Rice
Mango
M&M Cookie

Wednesday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Pancake

Lunch

Salisbury Steak w/
Gravy
Smoked Pork Chop
Oven Brownd Pota-
toes
Wax Beans
Peas
Dinner Roll
Fruit Cocktail
Hot Fudge Cake

Supper

Ham & Bean Soup
Chicken Cordon Bleu
Swiss Medley Casse-
role
Sliced Pears
Lemon Cake

Thursday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Muffin

Lunch

Ham Loaf
Spaghetti w/ meat
Sauce
Scalloped Potatoes
Beets
Lima Beans
Garlic Toast
Pineapple
Cherry Crisp

Supper

Coney Dog
Baked Beans
Three Berry Blend
Potato Salad
Butterscotch Square

Friday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Donut

Lunch

Ground Beef Stroga-
noff
Beer Battered Tilapia
Buttered Noodles
Asparagus
Dinner Roll
Coleslaw
Mandarin Oranges
Carrot Cake

Supper

Cream of Broccoli
Soup
BBQ Pork Sandwich
Cinnamon Maple
Squash
Citrus Fruit Salad
Peanut Butter Cookie

Saturday

Breakfast

Oatmeal
Cold Cereal
Choice of Eggs
Cheese Omelet

Lunch

Chicken Breast with
White Sauce
Beef Pot Roast
AuGratin Potatoes
Broccoli & Cauliflower
Carrots
Dinner Roll
Cinnamon Applesauce
Heath Bar

Supper

Smoked Sausage
Oven Roasted Pota-
toes
Green Beans
Sauerkraut
Apricots
Brownie