



Swiss Village, Inc.

CELEBRATE RETIREMENT... ENGAGE LIFE!

From: Swiss Village Senior Leadership

To: Residents, Families, Volunteers, Visitors, and Staff

Subject: Update on Coronavirus COVID-19

Date: March 9, 2020

Swiss Village Senior Leadership wanted to provide you with an update on the evolving novel coronavirus (COVID-19). The first few cases of COVID-19 have been confirmed in Indiana (Indianapolis area). This information is intended for our residents and their families, volunteers, visitors, and staff. Here is what we know so far about this virus:

1. Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person.
2. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes.
3. There is a possibility that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.
4. Patients with COVID-19 have had mild to severe respiratory illness with symptoms of fever, cough, and shortness of breath. Some patients have more severe complications from the virus including pneumonia in both lungs, multi-organ failure, and even death.
5. You can protect yourselves from this virus by:
 - Avoiding close contact with people who are sick.
 - Avoiding touching your eyes, nose, and mouth with unwashed hands.
 - Washing your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
6. If you are sick:
 - Stay home when you are sick.
 - Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
 - Clean and disinfect frequently touched objects and surfaces.
7. Currently, there is no vaccine or antiviral treatment for COVID-19.



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We have policies and procedures in place for infection prevention/control that are being practiced daily. The Centers for Disease Control and Prevention (CDC) and the Indiana State Department of Health (ISDH) are providing us with frequent updates. You can also access their latest information at the CDC <https://www.cdc.gov/coronavirus/2019-ncov/index.html> and ISDH <https://www.in.gov/isdh/28470.htm>

To protect our residents, please practice hand hygiene and cough etiquette. We are also asking visitors to limit visitations at this time. Please stay at home if you have any symptoms of respiratory illness.

We will continue to provide you with updates and any additional information as such becomes available and relevant. Also, please feel free to reach out to any of us with any additional questions they you may have.

Sincerely,

Swiss Village Senior Leadership