

ARTHUR & GLORIA MUSELMAN WELLNESS PAVILION

2019 SENIOR EVENT CALENDAR

JAN

4

Village Meltdown
Jan. 4 – March 15
Cost: \$20 per team

FEB

20

Movie and Popcorn
Swiss Village Auditorium
2:00 p.m.

MAR

19

Genealogy Tour
Fort Wayne Library
12:30 p.m. Depart
Sign Up By: March 12
Cost \$5

APR

13

5K & Senior 1 Mile
9:00 a.m.
Pre-Registration Mar. 31
Cost: \$20 (\$25 after 3/31)
Swiss Village Residents Free

MAY

22

Fort Wayne TinCaps
9:30 a.m. Depart
Cost: \$20 (Swiss Village Residents
\$15) Includes Meal Voucher
Sign Up By: May 15

JUN

18

Ivanhoe's
10:00 a.m. Depart
Cost: \$5 (Swiss Village
Residents Free, Food Not Included)
Sign Up By: June 11

JUL

26

10:00 a.m. *Ken & Mary Turbo
Accordions Express*
1:00 p.m. *Jay Fox Polka Band*
Swiss Village Auditorium

AUG

22

Ride The Dixie Boat
9:30 a.m. Depart
Cost: \$15
(Includes Box Lunch & Ticket)
Sign Up By: August 15

SEPT

23-27

Active Aging Week
Wellness Pavilion
Varying Times & Events

OCT

11

Sweetwater Tour / Lunch
8:20 a.m. Depart
Cost: \$5 (Swiss Village
Residents Free, Food Not Included)
Sign Up By: October 4

NOV

14

Holiday Bazaar &
Book Fair
Swiss Village Auditorium
9 a.m. – 4 p.m.

DEC

1-31

Christmas Tree Showcase
Swiss Village

Village Meltdown 2019

Do you need an incentive to lace up those gym shoes, pull out that swim suit, and get into shape? The Arthur and Gloria Muselman Wellness Pavilion/Swiss Village Inc. and the Berne Witness are partnering up to offer the Eleventh Annual Village Meltdown, a contest awarding prizes to the top three teams and a cash donation given to a charity chosen by the overall winning team. The contest will begin on Friday, January 4th, and end on Friday, March 15th. At least one team member must weigh in each Friday during regular business hours (which are now extended on Fridays until 9pm!). Teams of two will compete to log the highest percentage of weight loss. You pick your partner and the results will be reported in the Berne Witness. Only the teams' weight loss percentages will be reported; contestants' weights will remain confidential.

To compete in the Village Meltdown, teammates need to come together to the Wellness Pavilion on January 4th, any time during open hours to register. The cost to enter is \$20 per team. Contact the Pavilion at 260.589.4496 with questions.

Movie & Popcorn

The Arthur & Gloria Muselman Wellness Pavilion will be hosting a movie and popcorn event for any senior 55+ on Wednesday, February 20 at 2:00 p.m. at Swiss Village in the Auditorium. Popcorn will be provided. Members and Non-Members are welcome to attend this free event. For more information, contact Michelle McIntosh, Vice President of Marketing at 260.589.3173 or visit www.swissvillage.org.

Fort Wayne Library Genealogy Tour

The Arthur & Gloria Muselman Wellness Pavilion will be visiting the Fort Wayne Library, to tour the Genealogy department on Tuesday, March 19. Seniors 55+ will depart from the Arthur and Gloria Muselman Wellness Pavilion at 12:30 p.m. Cost is \$5 per person for transportation. Sign up by March 12 at the Wellness Pavilion. Members and Non-Members are welcome to attend this event. For more information, contact Briana Eicher, Wellness Pavilion Director at 260.589.4496 or visit www.swissvillage.org.

SWISS VILLAGE 5K RUN/WALK & SENIOR 1 MILE WALK

It is time to think about lacing up your gym shoes to begin training for the Swiss Village 5K Lauf/Spaziergang (Run/Walk, Senior Walk & Fun Run) on Saturday, April 13, at 9:00 a.m. This is the first race of the Adams County 5k Run/Walk Challenge. We invite you to join us with your family; strollers are welcome. Please visit Swiss Village's website at www.swissvillage.org for more details, registration materials, and course map. **Pre-register by March 31 to save \$5 off the registration fee of \$25 and be entered to win a prize.** The race will take place at the Arthur & Gloria Muselman Wellness Pavilion located at 1201 Emmental Drive in Berne. All proceeds from the event will go toward Swiss Village's Endowment Fund. For more information regarding the Swiss Village 5K Run/Walk please contact Briana Eicher, Wellness Pavilion Director at 260.589.4496. Information regarding the Adams County 5K Run/Walk Challenge may be found at www.adamscounty5Kchallenge.com.

Tin Caps Game

The Arthur & Gloria Muselman Wellness Pavilion will be attending a Tin Caps Game in Fort Wayne on Wednesday, May 22. Seniors 55+ will depart from the Arthur and Gloria Muselman Wellness Pavilion at 9:30 a.m. Cost is \$20 per person and includes ticket, a meal voucher, and transportation. Sign up by May 15 at the Wellness Pavilion. Members and Non-Members are welcome to attend this event. For more information contact Briana Eicher, Wellness Pavilion Director at 260.589.4496 or visit www.swissvillage.org.

Ivanhoes Luncheon

The Arthur & Gloria Muselman Wellness Pavilion will be attending Ivanhoes, in Upland, Indiana for lunch and ice-cream on Tuesday, June 18. Seniors 55+ will depart from the Arthur and Gloria Muselman Wellness Pavilion at 10:00 a.m. Cost is \$5 per person for transportation; lunch and ice-cream is on your own. Sign up by June 11 at the Wellness Pavilion. Members and Non-Members are welcome to attend this event. For more information contact Briana Eicher, Wellness Pavilion Director at 260.589.4496 or visit www.swissvillage.org.

Swiss Days

Swiss Village will be hosting several events during Swiss Days. On Friday, July 26, Ken and Mary Turbo Accordions Express will perform at 10 a.m. and the Jay Fox Polka Band will perform at 1 p.m. More information will be publicized as Swiss Days draws near. For more information, contact Michelle McIntosh, VP Marketing/PR at 260.589.4496 or visit www.swissvillage.org.

Ride The Dixie Boat North Webster Lake

The Arthur & Gloria Muselman Wellness Pavilion would like to invite any senior 55+ to join us for a trip to North Webster Lake to Ride The Dixie Boat on August 22. The bus will depart at 9:30 a.m. from the Arthur & Gloria Muselman Wellness Pavilion. The cost is \$15 per person. This includes the cost of the Dixie Boat Tour and Box Lunch. Limited seating is available, so sign up today. The deadline to sign up is August 15. Members and Non-Members are welcome to attend this event. For more information, contact Briana Eicher, Wellness Pavilion Director at 260.589.4496 or visit www.swissvillage.org.

Active Aging Week

The Arthur & Gloria Muselman Wellness Pavilion would like to invite any senior 55+ to join us for Active Aging Week September 23 – September 27. All events and activities will be free at the Wellness Pavilion. A schedule of events will be publicized as the dates draw near. For more information, contact Briana Eicher, Wellness Pavilion Director at 260.589.4496 or visit www.swissvillage.org.

Sweetwater Tour / Lunch

Join the Arthur & Gloria Muselman Wellness Pavilion as they take a day trip to Sweetwater Sound in Fort Wayne. Those who attend will take tour of the facility and enjoy a concert over lunch in the cafeteria. Any senior 55+ is welcome to attend. Seniors will depart from the Wellness Pavilion on Friday, October 11 at 8:20 a.m. The cost is \$5 per person for transportation. Lunch is not included. Payment will be due at the time of registration. Register no later than October 4. For more information, contact Briana Eicher, Wellness Pavilion Director at 260.589.4496 or visit www.swissvillage.org.

Holiday Bazaar & Book Fair

Swiss Village will be hosting a holiday bazaar and book fair on Friday, November 14 from 9 a.m. – 4 a.m. in the Swiss Village Auditorium. A variety of craft items and holiday treats will be for sale. The Café Suisse will offer a light lunch for a nominal fee. For more information contact Michelle McIntosh, Vice President of Marketing at 260.589.3173 or visit www.swissvillage.org.

Christmas Tree Showcase

Swiss Village Retirement Community will be hosting its annual Christmas Tree Showcase during the month of December. View beautiful Christmas Trees decorated by local businesses throughout the hallways of Swiss Village. Swiss Village Residents and guests will vote on their favorite trees. For more information contact Michelle McIntosh, Vice President of Marketing at 260.589.3173 or visit www.swissvillage.org.