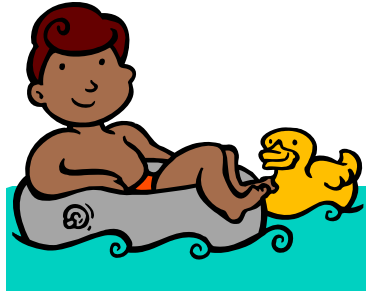




# Swim Lessons



The Arthur and Gloria Muselman Wellness Pavilion presents winter swim lessons!  
Swim lessons are available for a variety of skill levels. Bring a friend. Non-Members are welcome!



## Parent Tot

Parent and Child get quality silly time together in the water. This class combines nursery rhymes and songs together with water activities. Let us help your fearful child become more comfortable in the water. This class prepares your child to take swimming lessons.

## Preschool (Age 3-5) and Level I (School age)

Students learn to feel comfortable in the water. Lessons include entering and exiting the water safely; swimming on front and back; submerging mouth, nose and eyes; floating on front and back; kicking; water safety; and more. The teacher supports the students while teaching the skills.

## Level 2 (School age and those having passed Level 1)

Skills learned include entering and exiting the water safely; swimming on front and back, coordinating arms and legs for distance without support, treading water, front and back floating with glide, water safety, and more.

## Adult Beginner

Learn to swim with other adult beginners. Your instructor will start with the basics of swimming (bobbing, floating, treading water) and will progress to learn to swim freestyle, backstroke, elementary backstroke and sidestroke.

Sign up early to ensure enrollment in the session(s) of your choice! Registration forms are available at the Arthur and Gloria Muselman Wellness Pavilion, online at [SwissVillage.org/WellnessCenter](http://SwissVillage.org/WellnessCenter). For more information, contact Sarah Conrad or Marie Nussbaum: (260) 589-4496.

Sessions				Registration Dates		Session Cost	
Time	Day	Dates	Levels	Member	Non-Member	Member	Non-Member
10:20 a.m.	Tu & Th Day	Jan 3 -26	Preschool	Thursday, December 15	Monday, December 19	\$20	\$40
5:00 p.m.	Tu & Th Evening	Jan 3-26	Preschool , Parent/Tot Adult Beginner	Thursday, December 15	Monday, December 19	\$20	\$40
10:20 a.m.	Tu & Th Day	March 1-22	Preschool (Kinderhaus)	Thursday, February 16	Monday, February 20	\$20	\$40
11:00a.m.	Tu & Th Day	March 1-22	Preschool (Public)	Thursday, February 16	Monday, February 20	\$20	\$40
5:00p.m.	Tu & Th Evening	March 1-22	Preschool, Parent/Tot, LTS Level 1-2	Thursday, February 16	Monday, February 20	\$20	\$40

\*January session consists of eight (8) 40-minute classes. March session consists of seven (7) 40-minute classes. All classes are taught by certified Water Safety Instructors.